



ROADMAP FOR CAREGIVERS

[Free In-Person Caregiver Workshop](#)

MAY 3, 2023

10:00AM-1:00PM (INCLUDES LUNCH) ~ 642 N. BROAD ST. PHILADELPHIA, PA 19130

- 10:00 AM-11:00 AM – Older Relatives/Grandparents Raising Children: What older adults raising relative children need to know about their legal rights
- 11:00 AM-12:00 PM - All Caregivers: The Roadmap to Self- Care for Caregivers
- 12:00 PM- 1:00 PM-Lunch and Wellness Activity

***CAREGIVERS WELCOME TO ATTEND ONE OR ALL SESSIONS**



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CAREGIVING~
STRATEGIES FOR
SELF-CARE

LEGAL RIGHTS
AND PLANNING
INFORMATION
FOR OLDER
RELATIVES
RAISING
CHILDREN

LUNCH AND
WELLNESS
ACTIVITY

*CALL TO REGISTER

CAREGIVER
SUPPORT
PROGRAM

#215-765-9000
Extension 5309